



**Mountain Lake Resources Inc.**

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## **News Release**

# **Mountain Lake Appoints Robert Harris to the Board**

*Harris' mine development experience and network of industry contacts will be a valuable addition to the Company*

**Halifax, Nova Scotia, February 12, 2010 – Mountain Lake Resources Inc. (TSX-V: MOA) (“Mountain Lake” or the “Company”)** is pleased to announce the appointment of Robert Harris, P. Eng., to the Board of Directors.

Mr. Harris brings over 20 years of experience in project evaluation, feasibility and development to the company. He began his career with Gulf Canada Resources Inc as a process engineer after which he held senior technical positions with the Province of New Brunswick (Mines Division) and the Federal Center for Mineral and Energy Technology (CANMET). Over the last 12 years he has worked for Etruscan Resources Inc. in the capacity of Technical Director then Vice President Operations, where he was responsible for many feasibility studies and project evaluations mainly in Africa. Mr. Harris was responsible for the development of the Youga Gold mine for Etruscan, which is currently in production in Burkina Faso.

Mr. Harris is a member of the Association of Professional Engineers of Nova Scotia. He has a Bachelor Degree in Science (Honours) and a Masters in Science in Engineering from the University of New Brunswick, and a business diploma from Saint Mary's University.

“We are pleased that Bob has agreed to join the Mountain Lake team,” said Gary Woods, President & CEO of Mountain Lake. “The corporate mandate this year is to source new projects that offer near term production potential and Bob’s experience in project evaluation and development, and his network of industry contacts, will be a valuable addition to the Board’s existing skill set.”

### **About Mountain Lake Resources Inc.**

Mountain Lake Resources Inc. (TSX-V: MOA) is a diversified junior exploration company, whose corporate strategy is to build shareholder value through the exploration and development of economically viable mineral properties. Mountain Lake’s current projects include: a 30% interest in the Valentine Lake gold property (Newfoundland) with an option to acquire the remaining 70% interest from Richmond Mines Inc. and a subsequent sub-option and joint venture agreement whereby Marathon PGM Corp. can earn a 50% in the property; a 100% interest in the Bobby’s Pond base metals property (Newfoundland) with an option to acquire initially a 51%

interest in the surrounding claims from Cornerstone Resources; an option to earn a 100% interest in the Little River gold exploration property (Newfoundland); and a 2,350,000 share (~6.5%) stake in Etruscan Diamonds Limited, an alluvial diamond project (South Africa). For more information visit: [www.mountain-lake.com](http://www.mountain-lake.com)

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ON BEHALF OF THE BOARD OF DIRECTORS

*s/“Gary Woods”*

President & CEO

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